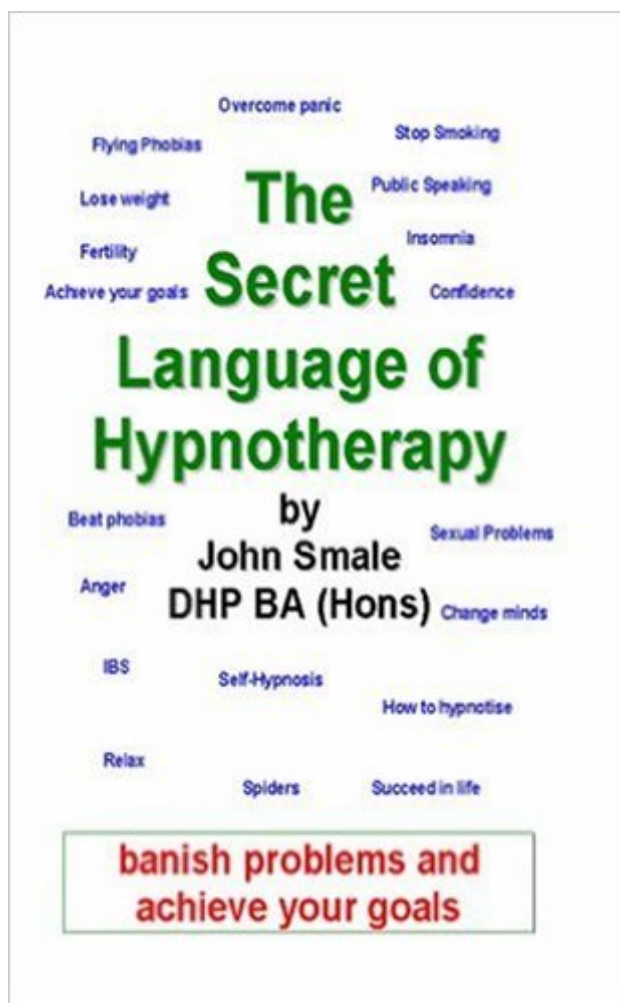


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# The Secret Language Of Hypnotherapy



## Synopsis

Parts of our minds seem to be laws unto themselves. They refuse to do what we want. It is as if they speak a different language, an ancient dialect. The Secret Language of Hypnotherapy shows you how to make contact with those seemingly distant parts of your mind to enable you to rid yourself of problems. The secret and hidden language you need is contained in this book. You learn how to relax, hypnotise yourself and other people. You will discover how to overcome some of the major fears, phobias and personal problems of modern life. Hypnosis and hypnotic techniques go back to the early dawns of time. A lot of what happens today was relevant to the survival of our ancestors but, today those primeval drives often mess up modern living. When we learn how to talk with our unconscious minds then we can start living successful and fulfilling lives. Acclaimed by other hypnotherapists, The Secret Language of Hypnotherapy will change your life for the better.

## Book Information

Paperback: 208 pages

Publisher: Exposure Publishing; 1st edition (November 7, 2006)

Language: English

ISBN-10: 1846853737

ISBN-13: 978-1846853739

Product Dimensions: 5 x 0.5 x 8 inches

Shipping Weight: 7 ounces

Average Customer Review: 4.0 out of 5 stars [See all reviews](#) (4 customer reviews)

Best Sellers Rank: #7,317,027 in Books (See Top 100 in Books) #81 in [Books > Health, Fitness & Dieting > Diets & Weight Loss > Hypnosis for Diets](#) #2854 in [Books > Self-Help > Hypnosis](#) #7321 in [Books > Religion & Spirituality > Occult & Paranormal > Occultism](#)

## Customer Reviews

The author generously shares here of his experiences as a clinical hypnotist. As a practitioner myself, I see this book foremost as a resource for those of us in the field, although there is a lot for the general public here too. What I found most interesting was his take on the relationship between evolutionary patterns and weight management and why age/gender has to be taken into account.

The Secret language of h Hypnotherapy is a wonderful book for the advanced beginner and the seasoned practitioner So if you are interested in hypnosis at all, start at the end and read this book first, then you will really know if helping people with hypnosis is really right for you. You may just find

that hypnosis may not be what you think...I guarantee you, it is so much more!

After reading the reviews, I thought this would be a good book to pick for my required hypnosis reading. I'm only a few chapters in, and already I am annoyed at the typos, and disorganization of the book. The cover looks like it was printed at Kinko's and the writing is amateur at best. I'll probably finish it, just because I don't want to have to buy another book, but I don't recommend this for anyone looking to gain any valuable information on hypnotherapy.

I think Mr. Smale writes very clearly and helpfully about hypnosis and probably is a necessary addition to any therapist's library. It is especially helpful for anyone teaching it, because it can be a decent textbook for your students.

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